

Carbon Reduction Plan (CRP)

Care 4 Us Healthcare Ltd - Domiciliary Care Services

1. Commitment to Net Zero

Care 4 us Healthcare Ltd is committed to achieving Net Zero greenhouse gas emissions by 2050, in line with UK Government targets and NHS supply chain expectations.

We recognise that although domiciliary care is low intensity compared to other sectors, our transport, office operations, and procurement activities contribute to carbon emissions.

2. Organisational Boundary & Scope

Our Carbon Reduction Plan covers emissions across:

Scope 1 (Direct emissions)

- Fuel use from company or staff vehicles used for care visits
- Any on-site fuel (if applicable)

Scope 2 (Indirect emissions)

- Electricity used at office premises

Scope 3 (Other indirect emissions)

- Staff travel between service users (major source)
- Employee commuting
- Purchased goods (PPE, uniforms, office supplies)
- Waste and digital systems

These categories align with NHS and Government CRP requirements for suppliers [\[england.nhs.uk\]](https://www.england.nhs.uk/), [\[gov.uk\]](https://www.gov.uk/)

3. Emissions Profile (Sector Insight)

Domiciliary care has a **distinct emissions pattern**:

- Staff travel is the **largest emission source**

- Most carers rely on vehicles:
 - ~90% of homecare workers travel by car or public transport
[\[homecareas...ion.org.uk\]](#)
- Travel demand is high:
 - Millions of miles are travelled daily across the UK care sector
[\[homecareas...ion.org.uk\]](#) Therefore:

Transport is your primary carbon reduction focus

4. Carbon Reduction Targets

Year	Target Reduction
2026	10% reduction from baseline
2030	35% reduction
2040	70–80% reduction
2050	Net Zero

These timelines are consistent with care sector CRP best practice [\[willowston...care.co.uk\]](#)

5. Key Carbon Reduction Actions

A. Travel & Fleet (PRIMARY PRIORITY) Goal:

Reduce mileage and vehicle emissions

Actions:

- Implement **route optimisation / zonal scheduling**
- Cluster visits geographically
- Reduce unnecessary travel
 Proven to reduce emissions and improve care delivery [\[bettertran...ort.org.uk\]](#)
- Encourage:
 - Car sharing
 - Public transport (where viable)

- Introduce: Mileage tracking for emissions reporting
- Transition plan: Hybrid vehicles (short term), Electric vehicles (medium term)

B. Office & Operational Efficiency Goal:

Reduce energy consumption Actions:

- Switch to **renewable electricity tariff**
- Install:
 - LED lighting
 - Motion sensors
 - Introduce: “Switch-off” policy for equipment
 - Use: Digital systems (paperless operations)

Common best practice in care CRPs [\[homecareso...ryou.co.uk\]](http://homecaresolutions.co.uk)

C. Procurement & Supply Chain Goal: Reduce

indirect emissions Actions:

- Source:
 - Local suppliers (reduce transport impact)
 - Prioritise: Eco-certified PPE and consumables
 - Require: Suppliers to demonstrate sustainability practices

Supply chain emissions are a key Scope 3 category [\[gov.uk\]](http://gov.uk)

D. Care Delivery Optimisation

Goal: Reduce emissions without affecting care quality Actions:

- Optimise:
 - Staff rotas to reduce travel distances
 - Introduce: Virtual meetings and care planning
 - Promote: Efficient use of time and visits

E. Staff Engagement & Behaviour Change

Goal: Create a low-carbon culture Actions:

- Deliver **carbon awareness training**
- Appoint:

- “Green Champion” within organisation
- Include sustainability:
 - In staff meetings and communications

F. Waste & Digital Transition Goal: Reduce

waste and resource use Actions:

- Move to: Digital care records
- Reduce: Paper and printing
- Improve: Recycling and waste segregation

6. Monitoring & Governance

Responsibility

- Director / SRO (lead accountability)
- Registered Manager (delivery oversight)

Monitoring

- Annual carbon footprint reporting
- Quarterly progress reviews
- KPI tracking:
 - Mileage reduction
 - Energy usage
 - Waste levels

Reporting

- Publish CRP annually
- Include in tender submissions **7. Alignment with National Requirements** This

plan aligns with:

- UK Net Zero 2050 target
- PPN 006 Carbon Reduction Plan requirements [\[gov.uk\]](https://www.gov.uk/government/publications/ppn-006-carbon-reduction-plan-requirements)
- NHS Net Zero Supplier Roadmap [\[england.nhs.uk\]](https://www.england.nhs.uk/net-zero/)